

#4: Credit Report

WARNING: MAY BRIGHTEN SPIRITS

Make a list of things you're glad you did today (or yesterday if it's early)...
don't overthink it...just list what comes to mind.

See what comes up.

I'm glad I...

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____